



## Session - 3

### Event 301 Mixed 200m Pool Lifesaver Team

#### Heat Number - 1

Lane	Comp.No.	Name	A.G.	Club	Time
3	(1)	Birmingham 2	Open	BIRMINGHAM 2	3:30.00
4	(3)	Birmingham 1	Open	BIRMINGHAM 1	2:35.00
5	(2)	Southampton	Open	SOUTHAMPTON	2:45.00

#### Heat Number - 2

Lane	Comp.No.	Name	A.G.	Club	Time
1	(4)	Bristol	Open	UNI OF BRIST	2:30.00
2	(6)	Lboro helpers B	Open	Lboro helper	2:30.00
3	(8)	Warwick	Open	Warwick	2:20.00
4	(10)	Swansea	Open	Swansea	2:05.00
5	(9)	Loughborough	Open	LOUGHBOROUGH	2:10.00
6	(7)	Lboro helpers	Open	Lboro helper	2:20.00
7	(5)	Nottingham	Open	NOTTINGHAM	2:30.00

### Event 302 Female 200m Superlifesaver

#### Heat Number - 1

Lane	Comp.No.	Name	AaD	Club	Time
3	(1)	Ella WILLIAMS	20	SOUTHAMPTON	4:16.00
4	(3)	Katie MALLET	24	BIRMINGHAM 2	4:00.00
5	(2)	Johana GEORGIU	22	BIRMINGHAM 2	4:15.00

#### Heat Number - 2

Lane	Comp.No.	Name	AaD	Club	Time
1	(5)	Lauren VOCE	20	Heanor Swimm	3:38.59
2	(7)	Harriet GILES	20	Swansea	3:25.00
3	(9)	Morgelyn PETHERICK-DAV	24	BIRMINGHAM 1	3:25.00
4	(11)	Amelia MOSS	22	Warwick	3:10.00
5	(10)	Charlotte BELL	22	BIRMINGHAM 1	3:20.00
6	(8)	Charlotte BEDALE	21	Uni of Swans	3:25.00
7	(6)	Maddi BOREHAM	22	Warwick	3:30.00
8	(4)	Isobel TEMPLE	22	NOTTINGHAM	3:50.00

#### Heat Number - 3

Lane	Comp.No.	Name	AaD	Club	Time
1	(13)	Rhiannon JONES	22	Swansea	3:05.00
2	(15)	Abby COMLINE	21	LOUGHBOROUGH	2:42.00
3	(17)	Heather WATSON	18	Rascals	2:37.56
4	(19)	Emma HENDERSON	26	Queens Unive	2:29.49
5	(18)	Emily ROBSON	21	LOUGHBOROUGH	2:33.80
6	(16)	Sally CARTER	28	N/A	2:40.61
7	(14)	Ellie DICKERSON-WEEDY	21	Lboro Uni	3:01.20
8	(12)	Laura COOK	22	NOTTINGHAM	3:07.00

### Event 303 Open/Male 200m Superlifesaver

#### Heat Number - 1

Lane	Comp.No.	Name	AaD	Club	Time
3	(1)	James O'DONOHUE	20	SOUTHAMPTON	4:31.00
4	(3)	Doris YAU	22	BIRMINGHAM 2	3:40.00
5	(2)	Ash WARD	20	BIRMINGHAM 2	4:10.00

#### Heat Number - 2

Lane	Comp.No.	Name	AaD	Club	Time
1	(5)	Ian MARSH	30	CLNW	3:30.00
2	(9)	Dylan EDWARDS	21	BIRMINGHAM 1	3:20.00
3	(8)	Owain JONES	22	SOUTHAMPTON	3:15.00
4	(12)	Ollie CHICK	19	Warwick	2:55.00
5	(10)	Juniper HARPER	23	Lboro helper	3:04.34
6	(7)	Adam LANE	24	NOTTINGHAM	3:20.00
7	(6)	Trevor TESTER	24	UNI OF BRIST	3:30.00
8	(4)	Sam RICHMAN	21	UNI OF BRIST	3:30.00

**Heat Number - 3**

Lane	Comp.No.	Name	AaD	Club	Time
1	(11)	Tom SCAIFE	20	BIRMINGHAM 1	2:50.00
2	(17)	Ben LANGDOWN	20	LOUGHBOROUGH	2:40.00
3	(15)	Anton OLEINIK	21	Warwick	2:40.00
4	(19)	Ben CUSSELLE	21	Swansea	2:30.00
5	(18)	Jake LEE	23	Race Pace Yo	2:35.00
6	(16)	Dominic ANDERSON	20	Lboro helper	2:40.00
7	(14)	Jacob SCREETON	22	Lboro helper	2:40.72
8	(13)	Connor INGHAM	29	Beacon Lifes	2:50.08

**Heat Number - 4**

Lane	Comp.No.	Name	AaD	Club	Time
1	(21)	Joshua SKINNER	21	LOUGHBOROUGH	2:25.32
2	(23)	Jack SADBERRY	22	Swansea	2:23.35
3	(25)	Ryan WHEELER	29	Beacon Lifes	2:20.08
4	(27)	James BLABY	27	Race Pace Yo	2:10.30
5	(26)	Samuel LAWMAN	29	Leeds Becket	2:12.00
6	(24)	Luke WATERFALL	19	Rascals	2:22.78
7	(22)	Henry RUSSEL-ROSS	20	NOTTINGHAM	2:24.00
8	(20)	Freddie POSTLETHWAITE	19	Rascals	2:28.59

**Event 304 Female 100m Manikin Tow****Heat Number - 1**

Lane	Comp.No.	Name	AaD	Club	Time
1	(2)	Ella WILLIAMS	20	SOUTHAMPTON	1:45.00
2	(4)	Tirion DAVIES	21	Uni of Warwi	1:35.00
3	(6)	Helina BOON	22	Lboro helper	1:30.00
4	(8)	Tisha LAU	19	Lboro helper	1:25.00
5	(7)	Olivia BAILEY	22	BIRMINGHAM 2	1:28.00
6	(5)	Katie REILLY	100	Warwick	1:30.00
7	(3)	Natalie PRICE	21	BIRMINGHAM 2	1:37.00
8	(1)	Olivia WONG	21	NOTTINGHAM	1:50.00

**Heat Number - 2**

Lane	Comp.No.	Name	AaD	Club	Time
1	(10)	Bryony FLEMING	22	BIRMINGHAM 1	1:23.00
2	(12)	Lucy COLEMAN	20	BIRMINGHAM 1	1:20.00
3	(14)	Laura COOK	22	NOTTINGHAM	1:18.00
4	(16)	Rhiannon JONES	22	Swansea	1:16.00
5	(15)	Tilly BUCKNALL	20	Lboro Uni	1:17.81
6	(13)	Ashlin EVANS	22	uni of brum	1:20.00
7	(11)	Rachel DAVIES	19	Swansea	1:21.00
8	(9)	Lucy JORDAN	21	Lboro helper	1:25.00

**Heat Number - 3**

Lane	Comp.No.	Name	AaD	Club	Time
1	(18)	Alaw DAVIES	15	LOUGHBOROUGH	1:13.34
2	(20)	Holly NEVILL	21	Warwick	1:10.00
3	(22)	Emily ROBSON	21	Lboro Uni	1:05.00
4	(24)	Heather WATSON	18	Rascals	1:02.64
5	(23)	Emily GOODWIN	28	N/A	1:04.50
6	(21)	Sally CARTER	28	N/A	1:06.87
7	(19)	Ellie DICKERSON-WEEDY	21	LOUGHBOROUGH	1:11.45
8	(17)	Lauren VOCE	20	Heanor Swimm	1:15.00

**Event 305 Open/Male 100m Manikin Tow****Heat Number - 1**

Lane	Comp.No.	Name	AaD	Club	Time
3	(2)	Nathaniel BARTON	20	UNI OF BRIST	1:40.00
4	(4)	Sam RIPLEY	23	UNI OF BRIST	1:30.00
5	(3)	Ash WARD	20	BIRMINGHAM 2	1:30.00
6	(1)	Isaac PUFFET	19	SOUTHAMPTON	1:45.00

**Heat Number - 2**

Lane	Comp.No.	Name	AaD	Club	Time
1	(6)	Will WADESON	20	NOTTINGHAM	1:25.00
2	(8)	Samuel HUMMEL	22	Swansea	1:25.00
3	(10)	Noah HOLLOWELL	22	Warwick	1:20.00
4	(34)	Dylan EDWARDS	21	Uni of Brum	1:18.00
5	(11)	Juniper HARPER	23	Lboro helper	1:18.20
6	(9)	Samuel STEPHENS	23	SOUTHAMPTON	1:23.00
7	(7)	Tina BROEREN	20	BIRMINGHAM 2	1:25.00
8	(5)	Yat Wah LAI	43	Oxford Uni	1:27.00



### Heat Number - 3

Lane	Comp.No.	Name	AaD	Club	Time
1	(13)	Tomos REES	22	Uni of Swans	1:14.00
2	(15)	Allan ZHANG	20	BIRMINGHAM 1	1:10.00
3	(17)	Max BENNET	20	NOTTINGHAM	1:08.00
4	(35)	Gareth ABBOTT	37	Vale	1:06.00
5	(18)	Adrian URBANCZYK	23	Sheffield Un	1:07.79
6	(16)	Joe COLE	22	Lboro helper	1:10.00
7	(14)	Joshua SUNNUCKS	19	Lboro helper	1:12.00
8	(12)	James HARRIS	28	Oxford Uni	1:14.00

### Heat Number - 4

Lane	Comp.No.	Name	AaD	Club	Time
1	(20)	Liam EAGLE	21	LOUGHBOROUGH	1:02.93
2	(21)	Connor INGHAM	29	Beacon Lifes	1:02.00
3	(23)	Anton OLEINIK	21	Warwick	1:00.00
4	(25)	Jacob SCREETON	22	Lboro helper	59.47
5	(24)	Ben EWINGTON	20	LOUGHBOROUGH	1:00.00
6	(22)	Nevan CHOU	19	BIRMINGHAM 1	1:02.00
7	(36)	Edward GRAY	21	Lboro Uni	1:02.00
8	(19)	Dan HOLMES	22	Lboro helper	1:03.31

### Heat Number - 5

Lane	Comp.No.	Name	AaD	Club	Time
1	(27)	Jake LEE	23	Race Pace Yo	58.00
2	(29)	Ryan WHEELER	29	Beacon Lifes	57.00
3	(31)	Jack SADBERRY	22	Swansea	54.80
4	(33)	Samuel LAWMAN	29	Leeds Becket	53.00
5	(32)	James BLABY	27	Race Pace Yo	53.00
6	(30)	Luke WATERFALL	19	Rascals	54.90
7	(28)	Ben CUSSELLE	21	Uni of Swans	57.39
8	(26)	Freddie POSTLETHWAITE	19	Rascals	58.34

### Event 306 Female 200m Medley Team

#### Heat Number - 1

Lane	Comp.No.	Name	A.G.	Club	Time
1	(2)	Southampton	Open	SOUTHAMPTON	2:22.00
2	(4)	Swansea	Open	Swansea	2:15.00
3	(6)	Warwick	Open	Warwick	2:10.00
4	(8)	Loughborough	Open	LOUGHBOROUGH	1:55.00
5	(7)	Lboro helpers	Open	LOUGHBOROUGH	2:10.00
6	(5)	Birmingham 1	Open	BIRMINGHAM 1	2:10.00
7	(3)	Birmingham 2	Open	BIRMINGHAM 2	2:20.00
8	(1)	Nottingham	Open	NOTTINGHAM	2:35.00

### Event 307 Open/Male 200m Medley Team

#### Heat Number - 1

Lane	Comp.No.	Name	A.G.	Club	Time
3	(1)	Bristol	Open	UNI OF BRIST	2:40.00
4	(2)	Southampton	Open	SOUTHAMPTON	2:22.00
5	(3)	Birmingham 2	Open	BIRMINGHAM 2	2:30.00

#### Heat Number - 2

Lane	Comp.No.	Name	A.G.	Club	Time
1	(5)	Warwick	Open	Warwick	1:55.00
2	(8)	Lboro helpers B	Open	Lboro helper	1:50.00
3	(6)	Nottingham	Open	NOTTINGHAM	1:50.00
4	(9)	Loughborough	Open	LOUGHBOROUGH	1:40.00
5	(10)	Lboro helpers	Open	Lboro helper	1:40.00
6	(7)	Swansea	Open	Swansea	1:50.00
7	(4)	Birmingham 1	Open	BIRMINGHAM 1	1:55.00