



Event 101 Female 40m Line Throw Team

Heat Number - 1

Lane	Comp.No.	Name	A.G.	Club	Time
1	(1)	Swansea	Open	Swansea	2:15.00
2	(3)	Birmingham 2	Open	BIRMINGHAM 2	1:50.00
3	(5)	Warwick	Open	Warwick	1:45.00
4	(7)	Nottingham	Open	NOTTINGHAM	1:30.00
5	(6)	Birmingham 1	Open	BIRMINGHAM 1	1:40.00
6	(4)	Loughborough	Open	LOUGHBOROUGH	1:45.00
7	(2)	Southampton	Open	SOUTHAMPTON	2:15.00

Event 102 Open/Male 40m Line Throw Team

Heat Number - 1

Lane	Comp.No.	Name	A.G.	Club	Time
3	(1)	Southampton	Open	SOUTHAMPTON	2:15.00
4	(3)	Birmingham 2	Open	BIRMINGHAM 2	1:45.00
5	(2)	Lboro helpers	Open	Lboro helper	1:50.00

Heat Number - 2

Lane	Comp.No.	Name	A.G.	Club	Time
2	(5)	Swansea	Open	Swansea	1:40.00
3	(7)	Warwick	Open	Warwick	1:25.00
4	(9)	Nottingham	Open	NOTTINGHAM	1:00.00
5	(8)	Bristol	Open	UNI OF BRIST	1:24.00
6	(6)	Birmingham 1	Open	BIRMINGHAM 1	1:30.00
7	(4)	Loughborough	Open	LOUGHBOROUGH	1:45.00

Event 103 Female 12.5m Line Throw

Heat Number - 1

Lane	Comp.No.	Name	AaD	Club	Time
3	(1)	Felicity JONES	20	BIRMINGHAM 2	30.00
4	(3)	Harriet GILES	20	Swansea	30.00
5	(2)	Tilly BUCKNALL	20	LOUGHBOROUGH	30.00

Heat Number - 2

Lane	Comp.No.	Name	AaD	Club	Time
2	(5)	Katy NICHOLLS	22	NOTTINGHAM	25.00
3	(7)	Rhiannon JONES	22	Swansea	22.00
4	(9)	Kirsty REED	22	Warwick	20.00
5	(8)	Charlotte BELL	22	BIRMINGHAM 1	22.00
6	(6)	Katie MALLET	24	BIRMINGHAM 2	25.00
7	(4)	Hannah BATT-RAWDEN	21	SOUTHAMPTON	26.40

Heat Number - 3

Lane	Comp.No.	Name	AaD	Club	Time
1	(11)	Lucy JORDAN	21	Lboro helper	20.00
2	(13)	Jess BARON	20	BIRMINGHAM 1	20.00
3	(15)	Amelia MOSS	22	Warwick	18.00
4	(17)	Alaw DAVIES	15	LOUGHBOROUGH	15.94
5	(16)	Freya HAYTER-OWEN	20	Sheffield Un	16.00
6	(14)	Tisha LAU	19	Lboro helper	20.00
7	(12)	Laura COOK	22	NOTTINGHAM	20.00
8	(10)	Lucy WINTER	21	Lboro helper	20.00

Event 104 Open/Male 12.5m Line Throw

Heat Number - 1

Lane	Comp.No.	Name	AaD	Club	Time
3	(1)	Christopher OWEN-SMITH	53	CLNW	1:00.00
4	(3)	Joshua SKINNER	21	LOUGHBOROUGH	30.00
5	(2)	Juniper HARPER	23	Lboro helper	31.92

**Heat Number - 2**

Lane	Comp.No.	Name	AaD	Club	Time
1	(4)	Oscar LAU	19	Uni of Warwi	25.00
2	(6)	Tina BROEREN	20	BIRMINGHAM 2	22.00
3	(8)	Liam EAGLE	21	Lboro Uni	20.00
4	(10)	Joe COLE	22	Lboro helper	20.00
5	(9)	Edward GRAY	21	Lboro Uni	20.00
6	(7)	James O'DONOHUE	20	SOUTHAMPTON	20.78
7	(5)	Saajid VAWDA	19	SOUTHAMPTON	24.50
8	(14)	Ashlin EVANS	22	BIRMINGHAM 1	25.00

Heat Number - 3

Lane	Comp.No.	Name	AaD	Club	Time
1	(15)	Sam RIPLEY	23	UNI OF BRIST	18.00
2	(12)	Tomos REES	22	Swansea	18.00
3	(18)	Connor THACKER	22	LOUGHBOROUGH	16.00
4	(19)	Freddie POSTLETHWAITE	19	Rascals	15.44
5	(17)	Tom PARK	22	BIRMINGHAM 1	16.00
6	(13)	Ethan WALL	22	UNI OF BRIST	18.00
7	(11)	James MOULSHER	21	NOTTINGHAM	18.00
8	(16)	Connor MOLLOY	22	Swansea	18.00

Heat Number - 4

Lane	Comp.No.	Name	AaD	Club	Time
1	(20)	Rowan WHARTON	23	BIRMINGHAM 2	15.00
2	(23)	Samuel LAWMAN	29	Leeds Becket	12.00
3	(26)	Finn SMALLCOMBE	21	Lboro helper	11.00
4	(27)	Gareth ABBOTT	37	Vale	10.00
5	(25)	Connor INGHAM	29	Beacon Lifes	11.00
6	(24)	Adam LANE	24	NOTTINGHAM	11.85
7	(22)	Anton OLEINIK	21	Warwick	13.00
8	(21)	Noah HOLLOWELL	22	Warwick	15.00

Event 105 Female 200m Obstacle**Heat Number - 1**

Lane	Comp.No.	Name	AaD	Club	Time
1	(1)	Madeleine ROSE	24	Oxford Uni	4:05.00
2	(3)	Emma KIPPAX	19	SOUTHAMPTON	3:49.00
3	(5)	Millie BARNES	19	SOUTHAMPTON	3:37.00
4	(7)	Katie MALLET	24	BIRMINGHAM 2	3:30.00
5	(6)	Amelia RATCLIFFE	22	NOTTINGHAM	3:30.00
6	(4)	Hannah WOOD	19	Uni of Warwi	3:40.00
7	(2)	Alice PYMER	21	NOTTINGHAM	3:50.00

Heat Number - 2

Lane	Comp.No.	Name	AaD	Club	Time
1	(9)	Millie DUTTON	21	BIRMINGHAM 1	3:15.00
2	(11)	Freya HAYTER-OWEN	20	Sheffield Un	3:00.00
3	(13)	Lucy COLEMAN	20	BIRMINGHAM 1	2:50.00
4	(15)	Siobhan CHOU	22	Warwick	2:48.00
5	(14)	Maddie LEE	22	Lboro helper	2:49.53
6	(12)	Charlotte BEDALE	21	Swansea	2:50.00
7	(10)	Sophie MCNAMARA	20	BIRMINGHAM 2	3:15.00
8	(8)	Katie REILLY	100	Warwick	3:20.00

Heat Number - 3

Lane	Comp.No.	Name	AaD	Club	Time
1	(17)	Rachel DAVIES	19	Swansea	2:42.00
2	(19)	Lucy WINTER	21	Lboro helper	2:40.00
3	(21)	Sally CARTER	28	N/A	2:28.89
4	(23)	Emily ROBSON	21	LOUGHBOROUGH	2:19.20
5	(22)	Naomi SHEAVILLS	20	LOUGHBOROUGH	2:27.10
6	(20)	Molly CRANCH	21	Uni of Swans	2:35.00
7	(18)	Helina BOON	22	Lboro helper	2:40.00
8	(16)	Tisha LAU	19	Lboro helper	2:45.00

**Event 106 Open/Male 200m Obstacle****Heat Number - 1**

Lane	Comp.No.	Name	AaD	Club	Time
2	(1)	Lorcan POULSTON	20	Warwick	3:40.00
3	(3)	Alfie WEST	22	Uni of Warwi	3:30.00
4	(5)	Tina BROEREN	20	BIRMINGHAM 2	3:10.00
5	(4)	Frankie BRERETON	20	SOUTHAMPTON	3:13.00
6	(2)	Oscar LAU	19	Uni of Warwi	3:40.00

Heat Number - 2

Lane	Comp.No.	Name	AaD	Club	Time
1	(7)	Samuel STEPHENS	23	SOUTHAMPTON	3:06.00
2	(9)	Archie WALTON	22	UNI OF BRIST	2:47.00
3	(11)	Dylan EDWARDS	21	BIRMINGHAM 1	2:45.00
4	(13)	Lee BAXTER	20	NOTTINGHAM	2:32.00
5	(12)	Tomos REES	22	Swansea	2:45.00
6	(10)	Connor MOLLOY	22	Swansea	2:45.00
7	(8)	Sam RICHMAN	21	UNI OF BRIST	2:50.00
8	(6)	Ian MARSH	30	CLNW	3:10.00

Heat Number - 3

Lane	Comp.No.	Name	AaD	Club	Time
1	(15)	Finley EASTON	20	Oxford Uni	2:25.00
2	(17)	Adrian URBANCZYK	23	Sheffield Un	2:18.23
3	(19)	Fraser COOKE	20	Lboro helper	2:12.00
4	(21)	Joshua SKINNER	21	LOUGHBOROUGH	2:07.32
5	(20)	Henry RUSSEL-ROSS	20	NOTTINGHAM	2:08.61
6	(18)	Ben LANGDOWN	20	LOUGHBOROUGH	2:17.85
7	(16)	Adam RYAN	19	Warwick	2:20.00
8	(14)	Tom PARK	22	BIRMINGHAM 1	2:25.00

Event 107 Female 200m Obstacle Team**Heat Number - 1**

Lane	Comp.No.	Name	A.G.	Club	Time
1	(2)	Nottingham	Open	NOTTINGHAM	2:55.00
2	(4)	Warwick	Open	Warwick	2:30.00
3	(6)	Lboro helpers	Open	LOUGHBOROUGH	2:25.00
4	(8)	Loughborough	Open	LOUGHBOROUGH	2:05.00
5	(7)	Swansea	Open	Swansea	2:18.00
6	(5)	Birmingham 1	Open	BIRMINGHAM 1	2:25.00
7	(3)	Birmingham 2	Open	BIRMINGHAM 2	2:50.00
8	(1)	Southampton	Open	SOUTHAMPTON	3:14.00

Event 108 Open/Male 200m Obstacle Team**Heat Number - 1**

Lane	Comp.No.	Name	A.G.	Club	Time
1	(2)	Southampton	Open	SOUTHAMPTON	2:38.00
2	(5)	Warwick	Open	Warwick	2:15.00
3	(7)	Swansea	Open	Swansea	2:00.00
4	(8)	Loughborough	Open	LOUGHBOROUGH	1:48.00
5	(6)	Nottingham	Open	NOTTINGHAM	2:00.00
6	(4)	Birmingham 1	Open	BIRMINGHAM 1	2:10.00
7	(3)	Bristol	Open	UNI OF BRIST	2:30.00
8	(1)	Birmingham 2	Open	BIRMINGHAM 2	2:45.00