



EVENT 101 Female 40m Line Throw Team

Full Results

Place	Name	A.G	Club	Time					
1.	Loughborough	Op/n	LOUGHBOROUGH	1:35.04					
	50m -	100m 28.87	150m -	200m 50.82	250m -	300m 1:13.00	350m -	400m 1:35.04	
2.	Nottingham	Op/n	NOTTINGHAM	1:41.59					
	50m -	100m 18.16	150m -	200m 47.20	250m -	300m 1:08.10	350m -	400m 1:41.59	
3.	Warwick	Op/n	Warwick	1:43.83					
	50m -	100m 19.36	150m -	200m 46.04	250m -	300m 1:10.54	350m -	400m 1:43.83	
4.	Birmingham 1	Op/n	BIRMINGHAM 1	1:45.84					
	50m -	100m 14.04	150m -	200m 47.48	250m -	300m 1:10.02	350m -	400m 1:45.84	
	Southampton	Op/n	SOUTHAMPTON	DNF					
	Birmingham 2	Op/n	BIRMINGHAM 2	DNF					
	Swansea	Op/n	Swansea	DNF					

EVENT 102 Open/Male 40m Line Throw Team

Full Results

Place	Name	A.G	Club	Time					
1.	Loughborough	Op/n	LOUGHBOROUGH	1:20.99					
	50m -	100m 15.70	150m -	200m 37.63	250m -	300m 1:00.19	350m -	400m 1:20.99	
2.	Nottingham	Op/n	NOTTINGHAM	1:21.11					
	50m -	100m 12.14	150m -	200m 31.05	250m -	300m 49.46	350m -	400m 1:21.11	
3.	Warwick	Op/n	Warwick	1:22.29					
	50m -	100m 13.10	150m -	200m 36.93	250m -	300m 1:00.08	350m -	400m 1:22.29	
4.	Lboro helpers	Op/n	Lboro helper	1:47.21					
	50m -	100m 13.11	150m -	200m 39.38	250m -	300m 1:25.81	350m -	400m 1:47.21	
5.	Bristol	Op/n	UNI OF BRIST	1:50.23					
	50m -	100m 14.46	150m -	200m 39.92	250m -	300m 1:12.57	350m -	400m 1:50.23	
6.	Birmingham 1	Op/n	BIRMINGHAM 1	1:52.93					
	50m -	100m 12.31	150m -	200m 40.48	250m -	300m 1:10.13	350m -	400m 1:52.93	
	Southampton	Op/n	SOUTHAMPTON	DNF					
	Birmingham 2	Op/n	BIRMINGHAM 2	DNF					
	Swansea	Op/n	Swansea	DNF					

EVENT 103 Female 12.5m Line Throw

Full Results

Place	Name	AaD	Club	Time
1.	Alaw DAVIES	15	LOUGHBOROUGH	14.78
2.	Jess BARON	20	BIRMINGHAM 1	15.80
3.	Tilly BUCKNALL	20	LOUGHBOROUGH	17.39
4.	Laura COOK	22	NOTTINGHAM	17.41
5.	Freya HAYTER-OWEN	20	Sheffield Un	18.51
6.	Rhiannon JONES	22	Swansea	18.95
7.	Kirsty REED	22	Warwick	32.57
8.	Katie MALLET	24	BIRMINGHAM 2	37.03
9.	Amelia MOSS	22	Warwick	43.33
	Felicity JONES	20	BIRMINGHAM 2	DNF
	Katy NICHOLLS	22	NOTTINGHAM	DNF
	Hannah BATT-RAWDEN	21	SOUTHAMPTON	DNF
	Charlotte BELL	22	BIRMINGHAM 1	DNF
	Lucy JORDAN	21	Lboro helper	DNF
	Tisha LAU	19	Lboro helper	DNF
	Lucy WINTER	21	Lboro helper	DNF
	Harriet GILES	20	Swansea	DQ 50

EVENT 104 Open/Male 12.5m Line Throw

Full Results

Place	Name	AaD	Club	Time
1.	Adam LANE	24	NOTTINGHAM	12.85
2.	Connor INGHAM	29	Beacon Lifes	14.35
3.	Samuel LAWMAN	29	Leeds Becket	14.51
4.	Sam RIPLEY	23	UNI OF BRIST	16.01
5.	Liam EAGLE	21	Lboro Uni	18.16
6.	Joe COLE	22	Lboro helper	18.19
7.	Ashlin EVANS	22	BIRMINGHAM 1	20.19
8.	Connor MOLLOY	22	Swansea	21.09
9.	Gareth ABBOTT	37	Vale	21.97
10.	Oscar LAU	19	Uni of Warwi	22.73
11.	Ethan WALL	22	UNI OF BRIST	25.07
12.	Saajid VAWDA	19	SOUTHAMPTON	26.86
13.	Tomos REES	22	Swansea	28.01
14.	Tom PARK	22	BIRMINGHAM 1	28.44
15.	James MOULSHER	21	NOTTINGHAM	30.39
16.	Tina BROEREN	20	BIRMINGHAM 2	31.78
17.	Anton OLEINIK	21	Warwick	33.56
18.	Edward GRAY	21	Lboro Uni	35.10
19.	Joshua SKINNER	21	LOUGHBOROUGH	38.89
20.	Rowan WHARTON	23	BIRMINGHAM 2	39.25
	Juniper HARPER	23	Lboro helper	DNC
	Christopher OWEN-SMITH-53		CLNW	DNF
	James O'DONOHUE	20	SOUTHAMPTON	DNF
	Freddie POSTLETHWAITE	19	Rascals	DNF
	Connor THACKER	22	LOUGHBOROUGH	DNF
	Finn SMALLCOMBE	21	Lboro helper	DNF
	Noah HOLLOWELL	22	Warwick	DNF

EVENT 105 Female 200m Obstacle**Full Results**

Place	Name	AaD	Club	Time	50	100	150
1.	Emily ROBSON	21	LOUGHBOROUGH	2:24.95	32.09	1:08.54	1:46.24
2.	Naomi SHEAVILLS	20	LOUGHBOROUGH	2:31.46	34.32	1:12.20	1:51.66
3.	Sally CARTER	28	N/A	2:32.67	34.88	1:13.59	1:53.66
4.	Molly CRANCH	21	Uni of Swans	2:37.22	33.81	1:14.36	1:55.84
5.	Rachel DAVIES	19	Swansea	2:45.17	35.84	1:17.28	2:02.15
6.	Siobhan CHOU	22	Warwick	2:48.11	38.79	1:21.17	2:04.68
7.	Tisha LAU	19	Lboro helper	2:52.35	36.89	1:19.45	2:05.45
8.	Lucy WINTER	21	Lboro helper	2:53.61	38.23	1:22.28	2:08.52
9.	Katie REILLY	100	Warwick	2:59.33	40.23	1:26.32	2:13.49
10.	Helina BOON	22	Lboro helper	2:59.82	37.36	1:20.94	2:09.04
11.	Maddie LEE	22	Lboro helper	3:01.48	38.46	1:23.17	2:12.75
12.	Lucy COLEMAN	20	BIRMINGHAM 1	3:03.77	40.32	1:26.12	2:15.06
13.	Millie DUTTON	21	BIRMINGHAM 1	3:21.17	43.72	1:35.61	2:27.98
14.	Amelia RATCLIFFE	22	NOTTINGHAM	3:28.92	45.40	1:39.67	2:36.07
15.	Sophie MCNAMARA	20	BIRMINGHAM 2	3:45.12	49.51	1:46.68	2:44.89
16.	Katie MALLEY	24	BIRMINGHAM 2	3:46.75	47.25	1:46.20	2:47.26
17.	Hannah WOOD	19	Uni of Warwi	3:48.46	46.37	1:44.25	2:47.81
18.	Emma KIPPAX	19	SOUTHAMPTON	3:57.38	49.65	1:50.26	2:53.70
19.	Alice PYMER	21	NOTTINGHAM	4:02.60	47.99	1:50.85	2:59.25
20.	Madeleine ROSE	24	Oxford Uni	4:07.92	51.31	1:56.42	3:03.01
	Millie BARNES	19	SOUTHAMPTON	DNC			
	Freya HAYTER-OWEN	20	Sheffield Un	DNC			
	Charlotte BEDALE	21	Swansea	DNC			

**EVENT 106 Open/Male 200m Obstacle****Full Results**

Place	Name	AaD	Club	Time	50	100	150
1.	Joshua SKINNER	21	LOUGHBOROUGH	2:11.38	29.94	1:03.98	1:38.16
2.	Fraser COOKE	20	Lboro helper	2:12.12	30.17	1:03.87	1:38.45
3.	Henry RUSSEL-ROSS	20	NOTTINGHAM	2:13.26	30.58	1:04.63	1:39.26
4.	Adam RYAN	19	Warwick	2:18.07	31.04	1:06.57	1:42.36
5.	Ben LANGDOWN	20	LOUGHBOROUGH	2:18.54	30.31	1:04.62	1:40.72
6.	Tom PARK	22	BIRMINGHAM 1	2:24.88	31.36	1:07.81	1:45.76
7.	Finley EASTON	20	Oxford Uni	2:25.53	31.57	1:08.18	1:46.69
8.	Adrian URBANCZYK	23	Sheffield Un	2:32.41	32.35	1:09.76	1:50.20
9.	Archie WALTON	22	UNI OF BRIST	2:35.35	32.95	1:11.09	1:52.76
10.	Lee BAXTER	20	NOTTINGHAM	2:39.41	33.55	1:12.76	1:54.93
11.	Samuel STEPHENS	23	SOUTHAMPTON	2:52.55	36.98	1:20.33	2:06.94
12.	Sam RICHMAN	21	UNI OF BRIST	2:54.92	35.78	1:18.93	2:05.69
13.	Dylan EDWARDS	21	BIRMINGHAM 1	2:56.12	39.17	1:23.52	2:09.66
14.	Tomos REES	22	Swansea	2:57.91	37.16	1:21.94	2:10.75
15.	Connor MOLLOY	22	Swansea	2:58.28	36.49	1:18.43	2:07.07
16.	Frankie BRERETON	20	SOUTHAMPTON	2:58.33	38.00	1:22.25	2:10.39
17.	Ian MARSH	30	CLNW	3:14.73	38.84	-	2:20.85
18.	Oscar LAU	19	Uni of Warwi	3:22.88	43.89	1:34.42	2:29.37
19.	Alfie WEST	22	Uni of Warwi	3:24.40	44.57	1:34.83	2:30.48
20.	Tina BROEREN	20	BIRMINGHAM 2	3:27.94	40.62	1:32.19	2:31.00
21.	Lorcan POULSTON	20	Warwick	4:17.43	53.66	1:59.85	3:09.72

EVENT 107 Female 200m Obstacle Team**Full Results**

Place	Name	A.G	Club	Time	50	100	150
1.	Loughborough	Op/n	LOUGHBOROUGH	2:10.50	31.06	1:03.58	1:36.47
2.	Lboro helpers	Op/n	LOUGHBOROUGH	2:21.42	36.39	1:10.86	1:46.48
3.	Swansea	Op/n	Swansea	2:22.83	33.77	1:09.59	1:49.50
4.	Warwick	Op/n	Warwick	2:25.05	37.65	1:14.97	1:51.59
5.	Birmingham 1	Op/n	BIRMINGHAM 1	2:30.31	36.50	1:16.57	1:53.57
6.	Nottingham	Op/n	NOTTINGHAM	2:48.17	40.84	1:25.81	2:10.40
7.	Southampton	Op/n	SOUTHAMPTON	2:58.72	39.47	1:28.57	-
8.	Birmingham 2	Op/n	BIRMINGHAM 2	3:06.07	47.05	-	2:22.92

EVENT 108 Open/Male 200m Obstacle Team**Full Results**

Place	Name	A.G	Club	Time	50	100	150
1.	Loughborough	Op/n	LOUGHBOROUGH	1:54.38	28.65	56.84	1:26.57
2.	Birmingham 1	Op/n	BIRMINGHAM 1	2:00.97	30.67	1:02.69	1:30.88
3.	Swansea	Op/n	Swansea	2:04.18	26.01	59.92	-
4.	Nottingham	Op/n	NOTTINGHAM	2:05.35	29.66	1:02.74	1:35.37
5.	Warwick	Op/n	Warwick	2:10.80	30.62	1:05.07	1:42.59
6.	Bristol	Op/n	UNI OF BRIST	2:20.79	32.01	1:05.53	1:41.26
7.	Southampton	Op/n	SOUTHAMPTON	2:33.78	36.84	1:19.77	1:56.50
8.	Birmingham 2	Op/n	BIRMINGHAM 2	2:49.58	38.70	1:28.94	2:12.73

EVENT 201 Female 50m Manikin Carry**Full Results**

Place	Name	AaD	Club	Time
1.	Abby COMLINE	21	LOUGHBOROUGH	37.99
2.	Emma HENDERSON	26	Queens Unive	38.15
3.	Emily ROBSON	21	LOUGHBOROUGH	38.40
4.	Heather WATSON	18	Rascals	40.94
5.	Sally CARTER	28	N/A	42.79
6.	Ellie POMFRET	22	Lboro helper	43.07
7.	Rhiannon JONES	22	Swansea	43.12
8.	Molly CRANCH	21	Uni of Swans	44.10
9.	Lucy WINTER	21	Lboro helper	45.05
10.	Tisha LAU	19	Lboro helper	46.93
11.	Helina BOON	22	Lboro helper	46.99
12.	Morgelyn PETHERICK-DAV	24	BIRMINGHAM 1	47.47

<https://live.lifesaving.events//>



3.	Jess BARON	20	BIRMINGHAM 1	47.92
14.	Katie REILLY	19	Uni of Warwi	47.97
15.	Lucy JORDAN	21	Lboro helper	48.51
16.	Siobhan CHOU	22	Warwick	48.74
17.	Lauren VOCE	20	Heanor Swimm	48.78
18.	Tilly BUCKNALL	20	Lboro Uni	49.48
19.	Harriet GILES	20	Swansea	52.79
20.	Millie BARNES	19	SOUTHAMPTON	55.31
21.	Kirsty REED	22	Warwick	57.64
22.	Maddie LEE	22	Lboro helper	59.45
23.	Katy NICHOLLS	22	NOTTINGHAM	1:00.48
24.	Amelia RATCLIFFE	22	NOTTINGHAM	1:01.86
25.	Freya HAYTER-OWEN	20	Sheffield Un	1:02.30
26.	Madeleine ROSE	24	Oxford Uni	1:03.15
27.	Johana GEORGIU	22	BIRMINGHAM 2	1:03.32
28.	Tirion DAVIES	21	Uni of Warwi	1:03.49
29.	Emma KIPPAX	19	SOUTHAMPTON	1:09.51
30.	Natalie PRICE	21	BIRMINGHAM 2	1:09.68
31.	Hannah WOOD	19	Uni of Warwi	1:13.75
	Emily GOODWIN	28	N/A	DNC

EVENT 202 Open/Male 50m Manikin Carry

Full Results

Place	Name	AaD	Club	Time
1.	Samuel LAWMAN	29	Leeds Becket	29.67
2.	James BLABY	27	Race Pace Yo	30.63
3.	Ben CUSSELLE	21	Swansea	31.25
4.	Jack SADBERRY	22	Swansea	31.79
5.	Luke WATERFALL	19	Rascals	32.59
6.	Fraser COOKE	20	Lboro helper	33.61
7.	Edward GRAY	21	LOUGHBOROUGH	33.65
8.	Dan HOLMES	22	Lboro helper	33.97
9.	Dominic ANDERSON	20	Lboro helper	34.16
10.	Ryan WHEELER	29	Beacon Lifes	34.39
11.	Ben LANGDOWN	20	LOUGHBOROUGH	34.54
12.	Ben EWINGTON	20	Lboro Uni	34.92
13.	Freddie POSTLETHWAITE	19	Rascals	35.36
14.	Nevan CHOU	19	BIRMINGHAM 1	36.05
15.	Jake LEE	23	Race Pace Yo	36.40
16.	Joshua SUNNUCKS	19	Lboro helper	37.92
17.	Max BENNET	20	NOTTINGHAM	38.46
18.	Finley EASTON	20	Oxford Uni	38.79
19.	James MOULSHER	21	NOTTINGHAM	39.02
20.	Gareth ABBOTT	37	Vale	39.08
21.	Molloy CONNOR	22	Uni of Swans	41.83
22.	Connor INGHAM	29	Beacon Lifes	43.09
23.	Owain JONES	22	SOUTHAMPTON	43.12
24.	Ethan WALL	22	UNI OF BRIST	45.08
25.	Ollie CHICK	19	Warwick	45.64
26.	Nathaniel BARTON	20	UNI OF BRIST	46.75
27.	Allan ZHANG	20	BIRMINGHAM 1	46.89
28.	Alfie WEST	22	Uni of Warwi	50.84
29.	Frankie BRERETON	20	SOUTHAMPTON	54.70
30.	Lorcan POULSTON	20	Warwick	1:14.28
	Alice FORD	22	BIRMINGHAM 2	DNC
	Freddie MARSH	22	BIRMINGHAM 2	DQ 10

EVENT 203 Female 100m Manikin Team

Full Results

Place	Name	A.G	Club	Time
1.	Loughborough	Op/n	LOUGHBOROUGH	1:32.09
2.	Lboro helpers	Op/n	LOUGHBOROUGH	1:46.45
3.	Swansea	Op/n	Swansea	1:57.66
4.	Birmingham 1	Op/n	BIRMINGHAM 1	2:02.07
5.	Warwick	Op/n	Warwick	2:13.91
6.	Nottingham	Op/n	NOTTINGHAM	2:17.84
7.	Birmingham 2	Op/n	BIRMINGHAM 2	2:36.05
	Southampton	Op/n	SOUTHAMPTON	DQ 41

EVENT 204 Open/Male 100m Manikin Team

Full Results

Place	Name	A.G	Club	Time
1.	Loughborough	Op/n	LOUGHBOROUGH	1:22.67
2.	Swansea	Op/n	Swansea	1:24.46
3.	Nottingham	Op/n	NOTTINGHAM	1:29.69
4.	Birmingham 1	Op/n	BIRMINGHAM 1	1:33.10
5.	Warwick	Op/n	Warwick	1:34.78
6.	Southampton	Op/n	SOUTHAMPTON	1:57.76
7.	Birmingham 2	Op/n	BIRMINGHAM 2	2:11.42
	Bristol	Op/n	UNI OF BRIST	DQ 40
	Lboro helpers	Op/n	Lboro helper	DQ 40

EVENT 205 Female 100m Manikin Carry

Full Results

Place	Name	AaD	Club	Time
1.	Heather WATSON	18	Rascals	57.49
2.	Emma HENDERSON	26	Queens Unive	59.61
3.	Emily ROBSON	21	LOUGHBOROUGH	1:02.43
4.	Sally CARTER	28	N/A	1:04.00
5.	Ellie DICKERSON-WEED	21	LOUGHBOROUGH	1:04.82
6.	Charlotte BELL	22	BIRMINGHAM 1	1:11.35

7.	Tisha LAU	19	Lboro helper	1:11.42	-
8.	Tilly BUCKNALL	20	Lboro Uni	1:13.48	-
9.	Lauren VOCE	20	Heanor Swimm	1:13.86	-
10.	Rhiannon JONES	22	Swansea	1:14.98	-
11.	Helina BOON	22	Lboro helper	1:16.26	-
12.	Carys NOKES	20	Swansea	1:17.66	-
13.	Jess BARRON	20	uni of brum	1:18.90	-
14.	Laura COOK	22	NOTTINGHAM	1:19.88	-
15.	Bryony FLEMING	22	BIRMINGHAM 1	1:21.83	-
16.	Amelia MOSS	22	Warwick	1:24.62	-
17.	Maddi BOREHAM	22	Warwick	1:33.54	-
18.	Olivia BAILEY	22	BIRMINGHAM 2	1:45.49	-
19.	Alice PYMER	21	NOTTINGHAM	1:50.21	39.62
	Hannah BATT-RAWDEN	21	SOUTHAMPTON	DNC	
	Emily GOODWIN	28	N/A	DNC	



EVENT 206 Open/Male 100m Manikin Carry

Full Results

Place	Name	AaD	Club	Time	50
1.	Luke WATERFALL	19	Rascals	47.93	-
2.	Samuel LAWMAN	29	Leeds Becket	48.51	-
3.	James BLABY	27	Race Pace Yo	50.26	-
4.	Freddie POSTLETHWAITE	19	Rascals	50.51	-
5.	Anton OLEINIK	21	Warwick	52.59	-
6.	Ben CUSSELLE	21	Swansea	54.30	-
7.	Ben EWINGTON	20	LOUGHBOROUGH	55.69	-
8.	Jake LEE	23	Race Pace Yo	55.91	-
9.	Nevan CHOU	19	BIRMINGHAM 1	56.92	-
10.	Dominic ANDERSON	20	Lboro helper	57.15	-
11.	Jacob SCREETON	22	Lboro helper	1:00.61	-
12.	Joshua SUNNUCKS	19	Lboro helper	1:01.20	-
13.	James HARRIS	28	Oxford Uni	1:02.00	-
13.	Gareth ABBOTT	37	Vale	1:02.00	-
15.	Finley EASTON	20	Oxford Uni	1:04.92	-
16.	Max BENNET	20	NOTTINGHAM	1:05.18	-
17.	Liam EAGLE	21	LOUGHBOROUGH	1:06.46	-
18.	Dylan EDWARDS	21	Birmingham 1	1:12.17	-
19.	Trevor TESTER	24	UNI OF BRIST	1:14.26	-
20.	Ethan WALL	22	UNI OF BRIST	1:14.51	-
21.	Tomos REES	22	Swansea	1:14.67	-
22.	Samuel STEPHENS	23	SOUTHAMPTON	1:15.91	-
23.	Tina BROEREN	20	BIRMINGHAM 2	1:16.30	-
24.	Isaac PUFFET	19	SOUTHAMPTON	1:21.39	32.98
25.	Josh HENG	22	Warwick	1:24.82	-
26.	Freddie MARSH	22	BIRMINGHAM 2	1:26.03	36.27
27.	Lee BAXTER	20	NOTTINGHAM	1:30.42	-
	Archie FORRESTER	23	Lboro helper	DNC	
	Yat Wah LAI	43	Oxford Uni	DQ 19	

EVENT 207 Female 100m Medley

Full Results

Place	Name	AaD	Club	Time	50
1.	Abby COMLINE	21	LOUGHBOROUGH	1:18.50	30.57
2.	Naomi SHEAVILLS	20	LOUGHBOROUGH	1:24.15	33.02
3.	Heather WATSON	18	Rascals	1:24.66	31.70
4.	Sally CARTER	28	N/A	1:28.28	34.13
5.	Alaw DAVIES	15	Lboro Uni	1:29.25	34.54
6.	Molly CRANCH	21	Uni of Swans	1:32.00	30.78
7.	Katie REILLY	19	Uni of Warwi	1:43.37	36.27
8.	Amelia MOSS	22	Warwick	1:45.81	40.76
9.	Holly NEVILL	21	Warwick	1:48.07	34.45
10.	Morgelyn PETHERICK-DAVY	24	BIRMINGHAM 1	1:54.43	49.48
11.	Sofia ESTEVEZ-FERNANDEZ	22	Swansea	1:56.19	41.68
12.	Carys NOKES	20	Swansea	1:56.61	50.19
13.	Millie DUTTON	21	BIRMINGHAM 1	2:09.51	43.20
14.	Olivia BAILEY	22	BIRMINGHAM 2	2:13.65	57.92
15.	Hannah BATT-RAWDEN	21	SOUTHAMPTON	2:16.19	50.67
16.	Isobel TEMPLE	22	NOTTINGHAM	2:22.23	1:11.33
17.	Emma KIPPAX	19	SOUTHAMPTON	2:25.17	58.90
18.	Sophie MCNAMARA	20	BIRMINGHAM 2	2:33.59	47.54
	Amelia RATCLIFFE	22	NOTTINGHAM	DNC	

EVENT 208 Open/Male 100m Medley

Full Results

Place	Name	AaD	Club	Time	50
1.	James BLABY	27	Race Pace Yo	1:03.70	26.68
2.	Jack SADBERRY	22	Swansea	1:05.05	26.93
3.	Ben CUSSELLE	21	Swansea	1:06.83	27.48
4.	Joshua SKINNER	21	LOUGHBOROUGH	1:10.97	27.22
5.	Henry RUSSEL-ROSS	20	NOTTINGHAM	1:12.68	29.19
6.	Edward GRAY	21	LOUGHBORGH	1:13.85	28.92
7.	Tom PARK	22	BIRMINGHAM 1	1:20.10	31.63
8.	Adam RYAN	19	Warwick	1:22.46	30.21
9.	Archie WALTON	22	UNI OF BRIST	1:26.06	30.35
10.	Tom SCAIFE	20	BIRMINGHAM 1	1:27.32	32.62
11.	Adrian URBANCZYK	23	Sheffield Un	1:29.01	30.32
12.	James HARRIS	28	Oxford Uni	1:29.14	35.78
13.	Gareth ABBOTT	37	Vale	1:30.74	37.98
14.	Owain JONES	22	SOUTHAMPTON	1:37.59	40.45
15.	Yat Wah LAI	43	Oxford Uni	1:40.13	36.77
16.	Ian MARSH	30	CLNW	1:40.99	38.85

17.	Will WADESON	20	NOTTINGHAM	1:44.53	34.85
18.	Josh HENG	22	Warwick	1:50.26	47.23
19.	Rowan WHARTON	23	BIRMINGHAM 2	1:56.68	43.29
20.	James O'DONOHUE	20	SOUTHAMPTON	1:57.53	43.79
	Doris YAU	22	BIRMINGHAM 2	DNC	
	Juniper HARPER	23	Lboro helper	DNC	
	Fraser COOKE	20	Lboro helper	DNC	
	Freddie POSTLETHWAITE	19	Rascals	DNC	
	Archie FORRESTER	23	Lboro helper	DNC	
	Luke WATERFALL	19	Rascals	DNC	
	Jake LEE	23	Race Pace Yo	DNC	
	Samuel LAWMAN	29	Leeds Becket	DNC	
	Trevor TESTER	24	UNI OF BRIST	DQ 22	



EVENT 301 Mixed 200m Pool Lifesaver Team

Full Results

Place	Name	A.G	Club	Time	50	100	150
1.	Loughborough	Op/n	LOUGHBOROUGH	2:04.03	27.50	33.10	-
2.	Swansea	Op/n	Swansea	2:06.50	29.31	50.80	49.95
3.	Lboro helpers B	Op/n	Lboro helper	2:15.94	32.88	1:01.13	1:08.46
4.	Lboro helpers	Op/n	Lboro helper	2:16.71	33.64	37.90	-
5.	Nottingham	Op/n	NOTTINGHAM	2:21.07	35.30	42.88	-
6.	Bristol	Op/n	UNI OF BRIST	2:38.09	28.89	31.11	-
7.	Southampton	Op/n	SOUTHAMPTON	2:41.08	34.58	51.83	-
8.	Warwick	Op/n	Warwick	2:46.22	31.13	1:02.39	2:02.21
9.	Birmingham 2	Op/n	BIRMINGHAM 2	3:28.25	35.89	1:13.84	2:46.13
10.	Birmingham 1	Op/n	BIRMINGHAM 1	DQ 59			

EVENT 302 Female 200m Superlifesaver

Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Emily ROBSON	21	LOUGHBOROUGH	2:33.40	31.22	1:17.78	52.71
2.	Abby COMLINE	21	LOUGHBOROUGH	2:36.12	30.99	1:16.50	49.06
3.	Emma HENDERSON	26	Queens Unive	2:39.13	12.15	1:18.63	24.89
4.	Heather WATSON	18	Rascals	2:44.54	31.86	1:18.70	2:00.63
5.	Sally CARTER	28	N/A	2:46.47	33.52	1:23.38	2:02.73
6.	Ellie DICKERSON-WEED	21	Lboro Uni	3:07.67	36.31	1:32.45	2:17.62
7.	Laura COOK	22	NOTTINGHAM	3:09.68	36.33	1:35.12	2:21.11
8.	Rhiannon JONES	22	Swansea	3:14.92	38.04	-	2:27.61
9.	Amelia MOSS	22	Warwick	3:17.34	39.80	-	2:27.95
10.	Lauren VOCE	20	Heanor Swimm	3:22.69	39.13	1:39.99	2:31.30
11.	Charlotte BELL	22	BIRMINGHAM 1	3:23.43	39.63	1:43.31	52.07
12.	Morgelyn PETHERICK-DAV	24	BIRMINGHAM 1	3:31.10	42.76	1:49.60	54.89
13.	Harriet GILES	20	Swansea	3:33.58	37.20	1:43.68	1:00.90
14.	Maddi BOREHAM	22	Warwick	3:38.45	44.60	1:55.58	2:46.30
15.	Katie MALLET	24	BIRMINGHAM 2	3:47.35	44.76	-	2:38.82
16.	Johana GEORGIU	22	BIRMINGHAM 2	3:50.53	47.73	1:57.15	2:50.31
17.	Isobel TEMPLE	22	NOTTINGHAM	3:53.82	24.63	2:00.05	47.81
18.	Ella WILLIAMS	20	SOUTHAMPTON	3:59.33	43.44	1:55.80	2:53.80
19.	Charlotte BEDALE	21	Uni of Swans	DNC			

EVENT 303 Open/Male 200m Superlifesaver

Full Results

Place	Name	AaD	Club	Time	50	100	150
1.	Luke WATERFALL	19	Rascals	2:20.25	28.71	1:08.40	1:43.23
2.	Jack SADBERRY	22	Swansea	2:21.98	27.56	-	1:44.45
3.	Henry RUSSEL-ROSS	20	NOTTINGHAM	2:27.49	29.62	1:11.12	1:48.68
4.	Joshua SKINNER	21	LOUGHBOROUGH	2:30.42	29.20	1:11.00	1:50.52
5.	Anton OLEINIK	21	Warwick	2:31.60	33.11	1:19.15	1:55.61
6.	Freddie POSTLETHWAITE	19	Rascals	2:34.48	29.62	1:13.49	1:53.79
7.	Ben LANGDOWN	20	LOUGHBOROUGH	2:36.03	30.79	-	1:54.52
8.	Jacob SCREETON	22	Lboro helper	2:38.15	1:56.87	1:16.21	-
9.	Ben CUSSELLE	21	Swansea	2:38.90	27.95	1:09.26	1:56.26
10.	Jake LEE	23	Race Pace Yo	2:39.51	30.04	-	1:55.94
11.	Ryan WHEELER	29	Beacon Lifes	2:42.06	28.71	-	1:43.25
12.	Dominic ANDERSON	20	Lboro helper	2:42.41	-	1:12.67	1:59.75
13.	Tom SCAIFE	20	BIRMINGHAM 1	2:51.35	-	-	2:05.96
14.	Dylan EDWARDS	21	BIRMINGHAM 1	3:17.62	36.37	1:36.59	2:23.39
15.	Ollie CHICK	19	Warwick	3:18.20	37.53	1:40.29	2:31.72
16.	Adam LANE	24	NOTTINGHAM	3:18.71	36.37	1:35.91	2:30.00
17.	Ian MARSH	30	CLNW	3:26.91	37.39	1:34.64	2:35.57
18.	Trevor TESTER	24	UNI OF BRIST	3:32.27	38.72	1:51.35	2:40.22
19.	Sam RICHMAN	21	UNI OF BRIST	3:45.99	41.17	1:47.73	2:52.67
20.	Ash WARD	20	BIRMINGHAM 2	4:20.75	50.40	2:11.42	1:07.97
	Doris YAU	22	BIRMINGHAM 2	DNC			
	Juniper HARPER	23	Lboro helper	DNC			
	Connor INGHAM	29	Beacon Lifes	DNC			
	Samuel LAWMAN	29	Leeds Becket	DNC			
	James BLABY	27	Race Pace Yo	DNC			
	Owain JONES	22	SOUTHAMPTON	DQ 10			
	James O'DONOHUE	20	SOUTHAMPTON	DQ 27			

EVENT 304 Female 100m Manikin Tow

Full Results

Place	Name	AaD	Club	Time	50
1.	Heather WATSON	18	Rascals	1:03.55	25.86
2.	Emily ROBSON	21	Lboro Uni	1:03.84	26.21
3.	Sally CARTER	28	N/A	1:06.75	28.19
4.	Ellie DICKERSON-WEED	21	LOUGHBOROUGH	1:11.32	28.20
5.	Alaw DAVIES	15	LOUGHBOROUGH	1:12.47	29.94
6.	Rhiannon JONES	22	Swansea	1:13.21	29.72

7.	Tilly BUCKNALL	20	Lboro Uni	1:13.36	31.08
8.	Rachel DAVIES	19	Swansea	1:13.87	28.72
9.	Lauren VOCE	20	Heanor Swimm	1:14.55	29.82
10.	Tisha LAU	19	Lboro helper	1:15.71	21.40
11.	Bryony FLEMING	22	BIRMINGHAM 1	1:18.37	31.67
12.	Lucy JORDAN	21	Lboro helper	1:19.37	32.57
13.	Helina BOON	22	Lboro helper	1:19.68	20.18
14.	Holly NEVILL	21	Warwick	1:19.73	32.75
15.	Laura COOK	22	NOTTINGHAM	1:20.50	31.43
16.	Ella WILLIAMS	20	SOUTHAMPTON	1:29.78	36.41
17.	Ashlin EVANS	22	uni of brum	1:30.16	34.33
18.	Olivia BAILEY	22	BIRMINGHAM 2	1:31.51	36.29
19.	Tirion DAVIES	21	Uni of Warwi	1:32.41	37.32
20.	Lucy COLEMAN	20	BIRMINGHAM 1	1:39.17	33.92
21.	Natalie PRICE	21	BIRMINGHAM 2	1:40.87	37.03
22.	Olivia WONG	21	NOTTINGHAM	1:43.94	35.63
	Katie REILLY	100	Warwick	DNC	
	Emily GOODWIN	28	N/A	DNC	



EVENT 305 Open/Male 100m Manikin Tow

Full Results

Place	Name	AaD	Club	Time	50
1.	James BLABY	27	Race Pace Yo	52.62	21.55
2.	Luke WATERFALL	19	Rascals	52.77	20.44
3.	Jack SADBERRY	22	Swansea	56.36	20.94
4.	Anton OLEINIK	21	Warwick	57.43	12.07
5.	Freddie POSTLETHWAITE	19	Rascals	59.26	23.89
6.	Ryan WHEELER	29	Beacon Lifes	59.63	23.75
7.	Jacob SCREETON	22	Lboro helper	59.92	24.18
8.	Ben CUSSELLE	21	Uni of Swans	1:00.66	23.58
9.	Ben EWINGTON	20	LOUGHBOROUGH	1:01.25	25.00
10.	Edward GRAY	21	Lboro Uni	1:02.19	25.26
11.	Jake LEE	23	Race Pace Yo	1:02.83	26.54
12.	Dan HOLMES	22	Lboro helper	1:03.63	26.36
13.	Joshua SUNNUCKS	19	Lboro helper	1:03.70	27.18
14.	Nevan CHOU	19	BIRMINGHAM 1	1:06.24	24.97
15.	Gareth ABBOTT	37	Vale	1:06.36	27.44
16.	Connor INGHAM	29	Beacon Lifes	1:06.53	26.87
17.	Max BENNET	20	NOTTINGHAM	1:06.76	27.55
18.	Liam EAGLE	21	LOUGHBOROUGH	1:07.06	12.35
19.	Adrian URBANCZYK	23	Sheffield Un	1:08.19	29.58
20.	Allan ZHANG	20	BIRMINGHAM 1	1:10.44	27.48
21.	James HARRIS	28	Oxford Uni	1:12.97	28.20
22.	Will WADESON	20	NOTTINGHAM	1:14.49	31.56
23.	Dylan EDWARDS	21	Uni of Brum	1:14.92	30.55
24.	Tomos REES	22	Uni of Swans	1:15.17	31.63
25.	Sam RIPLEY	23	UNI OF BRIST	1:20.26	33.88
26.	Samuel STEPHENS	23	SOUTHAMPTON	1:20.27	31.16
27.	Isaac PUFFET	19	SOUTHAMPTON	1:21.30	31.81
28.	Noah HOLLOWELL	22	Warwick	1:22.04	31.91
29.	Tina BROEREN	20	BIRMINGHAM 2	1:23.26	33.16
30.	Samuel HUMMEL	22	Swansea	1:24.19	31.51
31.	Nathaniel BARTON	20	UNI OF BRIST	1:30.58	33.56
32.	Ash WARD	20	BIRMINGHAM 2	1:33.74	36.45
	Juniper HARPER	23	Lboro helper	DNC	
	Joe COLE	22	Lboro helper	DQ 10	
	Yat Wah LAI	43	Oxford Uni	DQ 34	
	Samuel LAWMAN	29	Leeds Becket	DQ 34	

EVENT 306 Female 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	50	100	150
1.	Loughborough	Op/n	LOUGHBOROUGH	1:51.97	27.19	49.67	1:02.16
2.	Swansea	Op/n	Swansea	2:10.78	34.68	1:01.35	1:02.94
3.	Birmingham 1	Op/n	BIRMINGHAM 1	2:10.99	33.77	59.22	-
4.	Warwick	Op/n	Warwick	2:16.22	37.30	1:05.23	1:02.91
5.	Nottingham	Op/n	NOTTINGHAM	2:28.34	39.97	1:11.55	54.72
6.	Birmingham 2	Op/n	BIRMINGHAM 2	2:40.79	40.02	2:40.79	57.79
7.	Southampton	Op/n	SOUTHAMPTON	2:44.49	34.67	1:10.10	1:07.76
	Lboro helpers	Op/n	LOUGHBOROUGH	DQ 47			

EVENT 307 Open/Male 200m Medley Team

Full Results

Place	Name	A.G	Club	Time	50	100	150
1.	Lboro helpers	Op/n	Lboro helper	1:41.36	24.90	45.79	37.77
2.	Loughborough	Op/n	LOUGHBOROUGH	1:43.31	25.32	47.37	57.07
3.	Swansea	Op/n	Swansea	1:50.88	29.49	56.96	43.83
4.	Nottingham	Op/n	NOTTINGHAM	1:53.75	29.16	53.90	41.56
5.	Birmingham 1	Op/n	BIRMINGHAM 1	1:54.12	32.75	1:54.33	51.87
6.	Warwick	Op/n	Warwick	2:03.65	34.00	1:01.31	-
7.	Bristol	Op/n	UNI OF BRIST	2:07.51	29.64	59.38	43.33
8.	Southampton	Op/n	SOUTHAMPTON	2:17.43	32.55	1:02.59	-
9.	Birmingham 2	Op/n	BIRMINGHAM 2	2:23.67	40.08	1:10.89	1:11.01
	Lboro helpers B	Op/n	Lboro helper	DQ 47			

<https://live.lifesaving.events//>