Women's 100m Rescue Highlight University Record=1 minS24.27 secs

| | | | | | | | | | | Competiti | | Survive | | | Non- |
|---------------------------------|----------------------|----|----------|------|-------|------|------|-------|----------|-----------|------------|-----------|--------|---------|---------|
| | | | | | | | | | Finish | on | Lifesaving | | | Student | Student |
| Club Name | Competitor | ID | code | | Time | 0.01 | Time | • | Status | Place | Points | Status | Points | Points | Points |
| | | | _ | Mins | | Mins | | 1/100 | | | | | | | |
| University of Nottingham | Katherine Wickham | S | F | 2 | 30 | 2 | 18 | | Finished | 19 | | Fair | | | |
| University of Warwick | Beth Fiducia-Brookes | S | F | 2 | 10 | 1 | 57 | | Finished | 14 | | Very Good | | | |
| UbLifesaving | Rachel Andrews | S | F | 2 | 15 | 2 | 16 | | Finished | 18 | | Fair | | | |
| University of Plymouth | Cara Malorey-Vibert | S | F | 0 | 0 | 1 | 47 | | Finished | 7 | | Excellent | 5 | 4 | |
| University of Sheffield | Hannah Shaw | S | F | 2 | 4 | 2 | 6 | 35 | Finished | 16 | 501 | Good | | | |
| Bristol University | Maren Mueller-Glodde | 1 | M | 2 | 0 | | | | DNS | 20 | | | | | |
| Bristol University | Sophie Priddis | S | F | 1 | 58 | 1 | 52 | 73 | Finished | 10 | 662 | Very Good | 8 | 6 | |
| University of Warwick | Yee Ting Candace Ho | S | F | 1 | 54 | 1 | 49 | 99 | Finished | 9 | 695 | Excellent | 7 | 5 | |
| University of Southampton | Evelyn Killey | S | F | 1 | 56 | 1 | 53 | 54 | Finished | 11 | 653 | Very Good | 9 | 7 | ' |
| University of Nottingham | Sophie Shevlin | S | F | 1 | 58 | 2 | 8 | 32 | Finished | 17 | 477 | Good | 11 | 9 | |
| UbLifesaving | Mayang Purwanto | S | F | 2 | 0 | 1 | 49 | 87 | Finished | 8 | 696 | Excellent | 6 | | |
| University of Southampton | Lowri Burridge | S | F | 2 | 4 | 2 | 4 | 78 | Finished | 15 | 519 | Good | | | |
| University of Birmingham | Julia Whitworth | S | F | 1 | 49.97 | 1 | 55 | 88 | Finished | 13 | 625 | Very Good | | | |
| Loughborough University | Emily Goodwin | S | F | 1 | 38.6 | 1 | 40 | 23 | Finished | 4 | 811 | Excellent | | | |
| Swansea Universities Lifesaving | Katie Bampton | S | F | 1 | 36 | 1 | 46 | 61 | Finished | 6 | 735 | Excellent | | | |
| Swansea Universities Lifesaving | Lesley Dawson | S | F | 1 | 25 | 1 | 24 | 32 | Finished | 1 | 999 | Champion | 1 | 1 | |
| Loughborough University | Louisa Herring | S | F | 1 | 27.58 | 1 | 27 | 42 | Finished | 2 | 963 | Champion | 2 | 2 | |
| UoB LSC | Ellen Moore | S | F | 1 | 38 | 1 | 42 | 43 | Finished | 5 | 785 | Excellent | 4 | | |
| University of Sheffield | Sarah Falconer | S | F | 1 | 45 | 1 | 32 | 97 | Finished | 3 | 897 | Champion | 3 | 3 | |
| University of Birmingham | Holly Willing | S | F | 1 | 50 | 1 | 53 | 54 | Finished | 11 | 653 | Very Good | 9 | 7 | |